

Sauncey Wood Primary Newsletter

Friday, 13th May 2022

Dear Parents and Carers,

It has been a busy couple of weeks for all of the school but in particular the Year 6 children who have had the opportunity to show the world how brilliant they have been with their learning.

Just this week they undertook their KS2 Statutory Assessments in Reading, Maths, Spelling, Punctuation and Grammar. The papers were challenging but the children knew exactly what we wanted them to show; a level of calm and determination that has been evident throughout the year and in the run up to these tests.

We could not be any prouder of how they have attacked them head on and given it their all. No matter what the results boys and girls, we are proud of each and every one of you and how much you have given. We only ever want every child to do their absolute best. We are right behind you and look forward to seeing the results later in the school year.

There are some exciting things in the pipeline for many of our children and year groups. An adventurous day planned for our Year 3 pupils at Caldecotte Xperience and an overnight stay at Caldecotte Xperience for our Year 4 amongst many other things for our younger children.

Wishing you all an enjoyable weekend in the sunshine!



Mr Lloyd

Letters gone out this fortnight:-

- 29.04.2022** Life in Roman Britain Day
- 03.05.2022** Year 2 SATs
- 04.05.2022** KS2 SATs
- 04.05.2022** Whole School Covid Update
- 06.05.2022** Harry Potter Theme Day - Year 6
- 11.05.2022** Trip to Colchester Zoo - Reception Class

School News

Healthy Packed Lunches

We have noticed over the past couple of weeks, since our return from the Easter break, that home packed lunches have started to come in with some unhealthy snacks and options included in them. We do have a packed lunch policy that has been shared a number of times, but we felt it was right to address this again. Please see below of the full details on the expectations for a home packed lunch.

Year 3 and 4 Football Tournament

Yesterday our footballers from Year 3 and 4 took part in the Harpenden Schools' Football Tournament. It was great to be able to welcome back 13 other schools from the local area to be part of this event. It was a tough tournament as there were so many great team displays.

Sauncey Wood produced some of the best football that we have seen at this Tournament and, even though we did not win a game, we wanted to report our results because of the brilliant attitude of every player that took part.

Sauncey Wood v Beech Hyde = 0 v 0
Sauncey Wood v The Grove = 0 v 1
Sauncey Wood v Wood End = 0 v 4
Sauncey Wood v The Lea = 0 v 1
Sauncey Wood v Kimpton = 0 v 1
Sauncey Wood v High Beeches = 0 v 2.

District Sports at Sir John Lawes

This event is one of the best events for our local schools and we are pleased to welcome it back for the first time in 2 years. The event takes place at SJL and includes both Field and Athletic events. The great thing about this event is that parents come to watch and support the children as it is an after school event. **WE WANT TO HEAR YOU THIS YEAR!**

We are going to be putting together the strongest team we can and hope to be able to compete on all levels this coming year.

District Sports will take place on Thursday, 30th June and start with the Field events at 3:45 p.m. Please do encourage your child - if in Year 3 to Year 6 - to speak to Mr Holmes about being part of the training in the lead up to this event.

Governor Corner

It seems incredible but we are now a few weeks into the Summer Term and the last Governing Board, Resources Committee and School Improvement Committee meetings for this Academic Year will take place in the next few weeks. At these meetings we will reflect on how the school has performed against its objectives and we will make sure we identify areas where improvement is needed.

The meetings in the Summer Term are also the time where we plan for next year. We have to start work on the School Development Plan (SDP) which sets out the academic plans and priorities for next year and we have to agree next year's budget for submission to Herts County Council at the end of May. The SDP and the Budget are the key influencers in the way the school functions both in an academic and operational sense, so they will be a critical focus for the Summer meetings.

We have a vacancy for a Governor with Accountancy or Bookkeeping experience to work with the school on budgets and processes. Please contact either of us for an informal chat if you are interested, or you know of anyone who may be interested. Many Thanks.

Colin and Bridgett

Joint Governing Board Chairs

FRIEND'S NEWS

We can't believe it's nearly half term! We end this half term with our Krispy Kreme doughnut sale! You must pre-order these by Thursday, 19th May. We can't add orders after this date so don't delay!! Orders are open on Classlist or speak to either of us if you want to do a card payment.

After half term we have our Royal Day on the first day back (Tuesday, 7th June) to celebrate the Queen's Jubilee. Come dressed as a Prince, a Princess or a Royal Knight, maybe a Court Jester!? Please pay £1 to the Teacher on the day.

There is also a jumble sale, Larks in the Park and our Colour Run and BBQ to look forward to. Hopefully a Summer disco too!!

Have a great weekend,

Clare and Gemma

Important reminder

On Monday, 16th May 2022 the photographers, Braiswick, will be in school to take a Whole School Photo, Class Photos and Year 6 Leavers Photos.

Please make sure your child has a School sweatshirt or cardigan in school with them.

SAUNCEY WOOD LUNCH BUNCH – who is eating right and starting right?

Children bored with eating the same thing every day?
 Bored with trying to please them and give a healthy lunch?
 Fed up with food being brought home and wasted?

Here are some hints and tips for a healthy lunch box for less waste!

- Allow children to shop and prepare lunches with you. This means you will know what they want and it won't be wasted.
- Tell your children some simple nutrition facts, such as yoghurts help your bones grow strong and carrots will help you see in the dark. This will help them to understand why they need to eat them.
- Encourage your child to drink plain water and avoid sweetened or soft drinks. On average, one child eats four pounds of sugar per week. – **NO CHOCOLATE AT SAUNCEY WOOD!**
- Dip cut apples in cinnamon or lemon juice to stop them going brown.
- Let your children choose some new vegetables to try, such as snow peas, mange tout etc. It all adds up.
- Remember to pack a spoon for yoghurts etc. Wrap sandwiches in a bag, foil or cling film to keep them fresh.
- Put in a piece of kitchen roll to wipe sticky fingers.
- Label lunch boxes as there is always someone with the same box.
- Keep lunch cool in summer by using ice packs.
- To save time, make lunch the night before and store in the fridge. This saves the last minute morning panic.

Always use low fat, low salt and low sugar varieties when buying for lunch boxes

Lunchbox Item	A Sandwich or Starchy Salad	2 Fruit & Veg	Yoghurt or Cheese	Drink	Other
You could include	Bread, roll, wrap, pita bread, bagel, potatoes, rice, pasta, couscous, chapatti, tortillas, pancakes, scones, crisp breads with lean ham, chicken, beef, egg, tuna, salmon, cheese, humous, beans, lentils. Add plenty of fruit, veg and salad. Vegetarian alternatives	Apple, orange, grapes, melon, raisins, plum, kiwi, pear, mango, sliced carrot or cucumber sticks, cherry tomatoes, pot of fruit, fruit salad, fruit jelly with real fruit, dates	Yoghurt, fromage frais, cheese sticks, cottage cheese, greek yoghurt, plain yoghurt, raisins for dipping	Milk, water, fruit juice, milk based smoothies, fresh fruit smoothies. Well diluted high juice squash NO fizzy drinks Milky drinks will need an ice pack in the summer	Extra fruit, low fat and low salt crisps, tea cakes, malt loaf, custard pot, rice pudding, fruit muffins, oat flapjack, baked samosa, dried fruit, seeds, pizza slice, sausage roll, cheese roll, pakoras, spring roll, slice of quiche, scotch eggs, falafels, unsalted pop corn
This provides	Starchy carbs for energy Protein for growth and muscle development	Fibre, vitamins & minerals for health & well being 2 of their 5 a day	Calcium for strong bones Vitamins & minerals for general good health	Fluid to maintain body hydration	Variety and appeal These are treats & can be added from time to time

The following items **should not** be included in packed lunches or for snacks:

Sweets and chocolate, Chocolate bars, Sweet cakes or sugary items, any bars containing nuts!

Learning at Sauncey Wood

Another chance to see the children's artistic achievements! I have just hung the collaborative tree piece on a wall of the main stairwell at the Eric Morecombe Centre! It will be there for May/June/July. A huge thank you to Susan Dean, one of our School Governors, who continues to help and support the Art work at Sauncey Wood.

