

Year 1
Autumn Term
PD

Being Me In My World

This is an opportunity for children to familiarise themselves with their new classes and teachers as well as to set up the expectations for the year ahead.

Background information

We have worked hard on our whole school approach to behaviour and to teaching PD at Sauncey Wood Primary School. We are constantly amazed by our children; their attitudes and behaviours are something to be really proud of. This unit of work will cement the foundations of our behaviour policy, ensure all children make the best possible start to the year – socially, emotionally and academically and set up an environment where all children and adults can feel that they can strive to be the very best they can be.

Knowledge and Understanding

In this unit pupils will learn...

- How to feel special and safe in our class.
- To understand why belonging to our class involves having rights and responsibilities.
- Ways in which all members of the class can make it a safe place in which everyone can learn and do the best they can to make progress.
- That they are valued and rewarded for lots of different things and how to recognise their achievements.
- To start to understand how their choices can have consequences.

Enquiry skills and Key concepts

- Suggest ways in which they can help themselves and others be the best they can be.
- Describe their feelings in different situations.
- Recognise bad choices and explain the 'rights' to others.
- Ask questions and explore alternatives.
- Work together and think of others.
- Recognise and respect differences.
- Suggest ways of keeping calm / calming down or boosting energy (mindfulness).
- Recognise our school learning powers: cooperation, resourcefulness, reflectiveness, perseverance and curiosity.

Key Vocabulary:

Safe – free from danger

Special – possessing something different

Calm – quiet, peaceful, free from disturbance (ie not feeling cross etc)

Belonging - a sense of fitting in or feeling like you are an important member of a group.

Rights – ideals which are morally correct, just, or honourable

Responsibilities - opportunities or ability to act independently and make decisions without being told to do so.

Rewards - a thing given in recognition of service, effort, or achievement.

Proud - feeling deep pleasure or satisfaction as a result of one's own achievements, qualities, or possessions or those of someone with whom one is closely associated.

Consequences - the effect, result or outcome of something occurring earlier:

Upset – feeling unhappy, disappointed or worried

Disappointed - sad or displeased because someone or something has failed to fulfil one's hopes or expectations.

Values - principles or standards of behaviour; one's judgement of what is important in life.