

## Prime Areas

### Home Learning ideas and suggestions

Some more ideas and suggestions for the Prime areas- please also refer to previous ideas- remember practise makes progress!

Personal, Social and Emotional	Communication and Language	Physical Development
<ul style="list-style-type: none"> <li>• Books and games to promote sympathy, understanding others and empathy</li> <li>• Dressing up- taking on different roles</li> <li>• Games involving turn taking- snakes and ladders, Kims game, I went to the shop</li> <li>• Group activities - working together to make/do something and talking within a group- listening and following instructions</li> <li>• Helping with little jobs- being responsible</li> <li>• Meeting and visiting friends- this could be done using Zoom</li> <li>• Sharing/turn taking in conversational and with toys</li> <li>• Time to speak and make themselves heard, to be with adults and children, to be alone, to be bored- this is key- it is when they will become creative</li> <li>• Choosing own toys/resources/activities</li> <li>• Books, toys and resources to understand and celebrate differences and similarities</li> <li>• Name games - objects and people</li> <li>• Collaborative games to work with others - ball rolling, ring games, tennis etc.</li> <li>• Puppets, books, dolls and teddies to help talk about feelings</li> <li>• Choice of resources/toys to enable self-choosing and imagination</li> <li>• Rhymes and stories in which characters help and support each other</li> <li>• Different areas of play - cosy/quiet, construction, water, sand, and noisy/imaginative play</li> <li>• Role play resources to help children understand and deal with own emotions, own cultural beliefs and that of others</li> <li>• Body parts- songs and pointing- head, shoulders, knees and toes</li> </ul>	<ul style="list-style-type: none"> <li>• Ask open ended question that help to promote curiosity and critical thinking</li> <li>• Read books, comics, stories, rhymes, non-fiction as well as fiction, from different cultures</li> <li>• CDs - music, stories and rhymes- listen to the radio</li> <li>• Chatting to friends – again on zoom</li> <li>• Cosy spaces for reading and sharing with friends</li> <li>• Sharing jokes</li> <li>• Listening games - listening lotto, listening walks, recording sounds</li> <li>• Question and answer games- 20 questions to work out an animal</li> <li>• Role play</li> <li>• Singing and dancing to different music</li> <li>• Story telling</li> <li>• Letters and sounds- phonics practice</li> <li>• Actions to songs and rhymes- 5 little men in a flying saucer, 5 little ducks went swimming one day, 10 green bottles hanging on the wall, 5 little speckled frogs etc.</li> <li>• Talking about activities, explaining our ideas and understanding of what we are doing</li> <li>• Following instructions games “find this object” “Simon Says” “Battleships” etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Arts and crafts</li> <li>• Climbing - up and down stairs, steps, trees</li> <li>• Construction toys and balancing blocks</li> <li>• Dancing</li> <li>• Fine motor practice - cutting, sticking, gluing pencil control, large tweezers, etc</li> <li>• Hand washing</li> <li>• Mark making - chalks, pencils, crayons, felt tips</li> <li>• Outside gross motor skills - bike, scooter, rocker, slide, swing etc..</li> <li>• Climbing, jumping, running and kicking a ball</li> <li>• Sewing</li> <li>• Threading reels and threading cards</li> <li>• Throwing and catching - balls, bean bags, balloons</li> <li>• Moving in different ways, balancing, imitating animals, running, jumping, crawling, slithering</li> <li>• Using tweezers or fingers to pick up small objects during activities such as crafts</li> <li>• Games with buttons, flaps, zips etc</li> <li>• Encouraging to dress and undress independently</li> <li>• Water/ sand/ mud play with items for filling, pouring, and measuring</li> <li>• Rollers, brushes, moulds for sand/clay/dough</li> <li>• Streamers, ribbons, scarf for moving around to music</li> <li>• Playing football, netball, basketball, throwing and catching games</li> <li>• Pouring own drinks, washing up, setting/clearing the table etc.</li> </ul>

